

Healthy Generations Sağlıklı Nesiller

An e-Twinning project



Proje Ortaklarımız

10 Ülke
124 öğrenci
16 öğretmen
İle projemizi yürüttük



Proje Tanımı

Bu projede öğrenciler insan sağlığı için önemli olan gıdalar ve sağlık alışkanlıklarını öğrenirler. İlk olarak insan vücudu, sindirim sistemi daha sonra yiyecek türleri ve özellikleri hakkında bilgi edinirler. Ayrıca besinlerin eksik yada fazla tüketmenin yol açabileceği sorunları öğrenirken günlük egzersizin önemini kavrarlar.

Healthy Generations



In this project, students will learn about food and healthy habits to maintain human health. This is by first identifying the human body and its components and digestion process, and then identify the food groups and characteristics of each group. And to identify the diseases caused by the lack or increase of some nutrients, in addition to the importance of daily exercise.

Projenin Amaçları

Aims of the project

AIMS

- explore many aspects around "food" so to understand its relation with their growth and health.
- improve students' critical thinking along with their ability to solve problems coming up with quick and practical solutions.
- promote creativity and innovation in the learning of scientific contents in the fields of Food and Nutrition.
- improve students' food literacy.
- establish in students' consciousness the link between good nutrition and sustainable development.
- encourage students to make more conscious food choices.
- raise awareness about healthy eating.
- transform their eating habits.
- improve their English language and ICTS skills.

Öğrencilerin;

Gıdalar hakkında bilgi edinmesi ve sağlığımızla ilişkisini kavramalarını sağlama

Eleştirel düşünmeyi, problem çözme becerilerini geliştirmek

Gıda ve Beslenme bilimi hakkında yaratıcılıklarına ve teknolojik gelişimlerine katkı sağlamak

Gıda okuryazarlığını geliştirme

İyi beslenme ve sürdürülebilir gelişim arasındaki ilişkiyi kavramasına katkı sağlamak

Yiyecek seçimlerinde daha dikkatli olmalarını sağlama

Sağlıklı beslenme konusunda bilinç oluşturmak

Beslenme alışkanlıklarını değiştirmek

İngilizce ve Bilişim Teknolojileri becerilerini geliştirmek

Beklenen Sonular



The concrete results will be:

- an e-book about food categories - in first based to their source (animal-plants), based to their belonging team (cereals, fruits, vegetables, etc) and based to their processing (pasteurization, sterilization, drying, condensation, etc)
- an interactive map of local food products in all the partner countries
- an e-magazine where they present their info on nutrients
- comics, movies, video, scratch presentations, etc. where they present their info related to health and nutrition
- a newspaper

E kitap

İnterraktif harita

E dergi

izgiroman,video,scratch sunumları

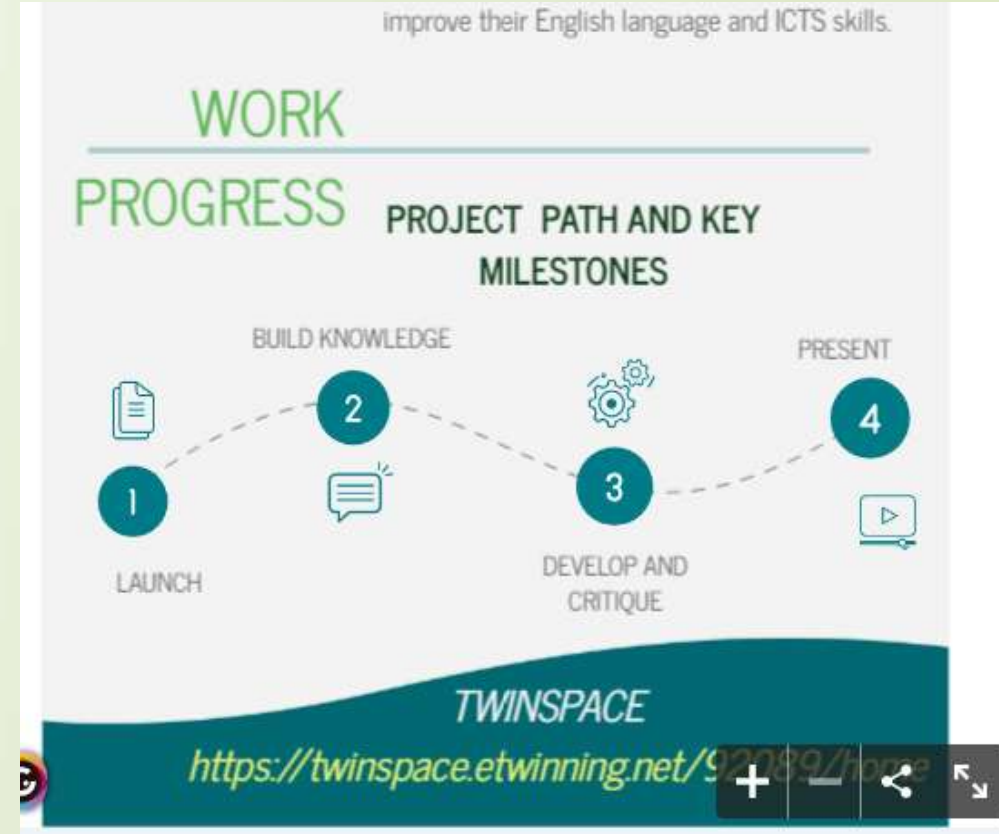
Gazete

<https://view.genial.ly/5d73cebc7791bd0f88c952d3/interactive-content-interactive-image>

Çalışma Süreci tüm ortakların katılımı ile planlandı

<https://trello.com/invite/b/koxY7IVh/d504417b489bae3c238b5862de8498a9/healthy-generations>

The screenshot shows a Trello board for the 'HEALTHY GENERATIONS' project. The board is organized into four columns representing the months: September, October, November, and December. Each column contains cards detailing the tasks and activities for that month. The September card includes a presentation and a chat. The October card features a project logo competition and information collection. The November card involves creating an interactive map and uploading results. The December card focuses on creating a Christmas menu and postcards. The board is set to 'Team Visible' and includes an 'Invite' button.



<https://view.genial.ly/5d739b858352350fa3db3fcd/vertical-infographic-healthy-generations-project-overview>

Her ülke başka bir ülkeyi tanıtarak proje ortakları hakkında bilgi edindi

□ <https://padlet.com/embed/moggs1qc8t49>

Our country and region

Dear students,

In the following padlet map you can find our regions marked. Your task is to search for info (history, sightseeing, etc) for your pair partner's region or country and present them in the marked point. Then the team of this region will add - if missed- some extra info in the following discussion area (forum).

The pairs for this activity are:

- Irbid, Jordan - Jendouba, Tunisia
- Nafpaktos, Greece - La Ferte Mace, France
- Beograd, Serbia - Vöcklabruck, Austria
- Samsun, Turkey - Fermo, Italy
- Stăuceni, Republic of Moldova- Sumgayit, Azerbaijan

ASPASIA MYLONA + 5 • 4mo



Healthy Generations map



Okullarımızı tanıttık

<https://twinspace.etwinning.net/92089/pages/page/670160>

e_maier + 7 - 7mo


My school

HLW Don Bosco Schulen

Mustapha kraif
middle school
Tunisia


Our working staff includes 56 teachers, among whom are three teachers of computers science and five teachers of English. There are also around 512 students. In my school, we study 13 subjects. Likewise, we learn how to

Video about our Austrian school




Don Bosco Schule Vöc...
Zukunftsorientiert, mod...
nachrichten

This is our school.




This is our school.
Word document
padlet drive

Our timetable




Our timetable and educ...
Word document
padlet drive

Maria Mazzerello



Maria Mazzerello
Word document
padlet drive

Don Giovanni Bos



Öğretmenler kendilerini tanıttı



Aliya Aghayeva
I am an English teacher from Azerbaijan. I live in Sumgayit, it is an hour away from the capital country.



Gordana Pešić, Belgrade, Serbia
My name is Gordana Pešić, I am a chemistry teacher with 18 years of experience working in a chemistry school for 15-16 years. I am a teacher in a vocational school (EPAL Nafpaktos).



Aspasia Mylona, Nafpaktos, Greece
I was working as a dietitian for 13 years. Last 3 years I have been working at Nafpaktos Kemal High School (General Secondary School), Samsun, Turkey.



Selin Ak Tezgören
Hi, I am Selin AK TEZGÖREN. I have been teaching English for 10 years. Last 3 years I have been working at Nafpaktos Kemal High School (General Secondary School), Samsun, Turkey.



Diana Barbută, Chişinău, Republic of Moldova



Lorene Gousseau
My name is Lorene Gousseau, I am a teacher from Tunisia. We have 418 students in our school (261 girls and 247 boys) aged 12-14. They study all the subjects in Arabic (except computer science in French) in addition to two foreign languages, French and English. Our students are motivated and eager to learn English/French specially using innovations and Future Learning (session skype, coding apps, ...).



douha jemai
Hello. I am the ICT teacher at school Mustapha kraif school since 13 years. It is a middle school in Jendouba, is one of the 24 governorates of Tunisia. We have 418 students in our school (261 girls and 247 boys) aged 12-14. They study all the subjects in Arabic (except computer science in French) in addition to two foreign languages, French and English. Our students are motivated and eager to learn English/French specially using innovations and Future Learning (session skype, coding apps, ...).

I'm Aisheh Al Bashatwah, from Jordan, I'm a physics teacher and my experience in teaching physics and science is about 16 years, my students are between 11 - 13 years old, I love my job and love my students, I'm interested in teaching by projects.



Aisheh Al Bashatwah /Jordan



Elfriede Maier - HLW Vöcklabruck - Austria
Hello, I'm a food technology teacher. I'm really looking forward to our cooperation, international projects are always very interesting and have a high importance in our daily life.



ISC Fracassetti-Capodarco

Hi, my name is Brunella and I teach in a middle school in the Marche region (Italy). My students are aged 11-13 years old. This year I have 9th grade and 11th grade students. They are eager to be involved in projects. I believe that we will do our best.
Nice to meet you all :)

My degree is in Chemistry. I have a diploma in Chemistry from the Marche Region State University.

I am teaching in a middle school in the Marche region (Italy). My students are aged 11-13 years old. This year I have 9th grade and 11th grade students. They are eager to be involved in projects. I believe that we will do our best.
Nice to meet you all :)

Öğrenciler kendilerini tanıttı



Turkish Team

Add item

MÜCAHİT ÇEKİÇ

My name is Mücahit. I'm 16 years old. I love playing football and I

SELİNAY SARI

My name is Selinay. I'm 16 years old. I like listening to music and I like walking in the rain. My favorite food are; Egg, milk and salad. I have one brother. I Love my family. I am at 11th grade.

GİZEM MANDIRALI

I'm Gizem. I'm 16 years old. I have one sister and one

chahd ghribi 13 years old

I'm a pupil in moustapha a prep school. I love listening with

ESMANUR SOĞUK

My name is Esmatur. I'm

SELİN ERGÜN

I'm 16 years old. I don't like to go to the cinema. I like watching films and I am very happy. I like to eat meat and salad very delicious. I love it. I went

SELİN ERGÜN

salad and meat very delicious. I love it. I went

İletişim



Groups/teams

Our WhatsApp Group

Our Facebook Page

[Draft] Partners E-mail addresses

[Draft] Partners' Skype account


Kurallar/kod/e-Güvenlik

eSafety

Dear partners, dear students,
We have to set our rules for esafety...Some first rules are:

- Never share your ACCOUNT DETAILS
- Use mailinator app for creating emails to be used for your accounts on apps
- Be polite with all AND don't be afraid to ask for help
- Respect the copyrights
- Never use hate speech

Please add in this page all your activities related to this topic. Feel free to add some more rules.



Khadija Um Almo"minin Secondary School
Set limits on your use and stick to it
Do not use simple and easy passwords
Be aware of spyware that comes in your email
Install antivirus and firewall software on your computer
Make sure to log out every time

Copyright rules

Dear partners, this video is for us...



Dear students,
Do you know what copyright means? Do you know what is considered as plagiarism? Do you know some activities related to the licences of using information for educational use...
Look at the following videos and then let's create together our rules...



Code of conduct for eTwinning projects

1. Netiquette

- **Be inclusive.** Everyone's opinions and views are always welcomed and allowed.
- **Be polite and respectful**
- **Do not offend** other eTwinners as individuals.
- **Do not attack** or incite violence against people based on their race, ethnicity, national origin, religion, sexual orientation or gender, and/or as a member of a country, group or minority.
- **Use always secure passwords!**

Activite/Nihai Ürünler

- Code of conduct for eTwinning projects
- eSafety
- Copyright rules
- Logo (selection & voting)
- Food categories
- Food products-GIs
- Healthy Nutrition-Nutrients
- Human Body
- Digestive system
- Nutrition and Health
- Healthy recipes and videos
- Eating disorders
- Healthy practices and habits

Evaluation

- Quizzes
- Crosswords
- Kahoots
- Jigsaw Puzzles
- Evaluation by students
- Evaluation by teachers

Christmas

- Post Cards
- New Year
- Austrian Christmas menu
- Serbian Christmas menu
- Greek Christmas menu
- Muslims Ramadan menu

Final products

- e-book "Food categories"
- Interactive maps of GIs
- e-magazine:FOOD TECHNOLOGY
- Collaborative mind map
- Collaborative stories
- Cultural exchange: Healthy recipes presentation
- COVID-19
- Online Healthy Generation's exhibition



Logo dizaynı ve proje logosu seçimi

<https://www.tricider.com/brainstorming/3HQ5PRZhK4t;sessionid=Oc6Fad5Ev64TI33jgJED-w>

Öğrencilerimiz teknoloji araçlarını kullanarak logo tasarladılar ve oylamaya katılarak logoyu seçtiler, bu etkinlik sayesinde fikir özgürlüğünü, başka fikirlere hoşgörülü olmayı ve demokrasiyi öğrendiler.

Logo (selection & voting)

Dear students, add your logos here by giving name, school and country. When we select logos we'll vote for the best one by using TRICIDER.

Add item

Logo	Author	Votes	Voters
	Antonis Z., EPAL NAFPAKTOU, GREECE	49	me2, ME, Danence and 46 more
	Barbara Farkaš, Serbia	21	butthymn, Butthymn, Rama and 18 more
	Elisabeth Lidauer, Austria	17	met erguson, Selray SMU, selin and 14 more
	sefin	12	Ro'ia Jabou, Anika Egger, NOIED HMOCHRO TUNISIA and 9 more

Gıda Katagorileri

CATEGORY	4	3	2	1
Organization	Content is well organized using headings or bulleted lists to group related material.	Uses headings or bulleted lists to organize, but the overall organization of topics appears flawed.	Content is logically organized for the most part.	There was no clear or logical organizational structure, just lots of facts.
Workload	The workload is divided and shared equally by all team members.	The workload is divided and shared fairly by all team members, though workloads may vary from person to person.	The workload was divided, but one person in the group is viewed as not doing his/her fair share of the work.	The workload was not divided OR several people in the group are viewed as not doing their fair share of the work.
Content	Covers topic in-depth with details	Includes essential knowledge about the topic. Subject matter appears	Includes essential information about the topic but there are 1-2 factual errors.	Content is minimal OR there are several factual errors.
Originality				Uses other people's ideas, but does not give credit.
Sources				

National level activities/school

Add item

Food categories- EPAL Nafpaktou

a presentation that was created by using Scratch code

[Link](#)

Food categories - Serbian team

Our first project in scratch

[Link](#)

Israa boualimi 1 grade Tunisia

Irradiated food press this link

[https://onedrive.lk/...](#)

Food categories

Dear students,

The IFSAC food categorization scheme has five distinct levels to which foods can be assigned, depending upon the type of food. First, foods are assigned to one of four food groups (aquatic animals, land animals and other) and their sub-categories. Finally, food processing (pasteurized, sterilized, fermented and pickled, irradiated, dehydrated, etc.)

Then your national teacher will invite you to join a classroom using the storyjumper App: storyjumper.com/joinClass/7423603 (Class Password: Healthy Generations). There you'll be able to edit some pages, indicated for each international team, in order to be created a mixed group e-book. The finished e-book will be uploaded on the page Final products. (SEE e-book "Food categories")

On the other hand, you will be able to edit some pages, indicated for each international team, in order to be created a mixed group e-book. The finished e-book will be uploaded on the page Final products. (SEE e-book "Food categories")

Your task follows:

- i
- ar



International team	Searching for..	Link to Google Drive
1th/Aspasia	Sterilized products	https://docs.google.com/usp-sharing
2nd/Aisheh	Fermented and pickled food	https://docs.google.com/usp-sharing
3rd/Dhouha	Irradiated products	https://onedrive.lk/?id=EE7C40DA66...
4th/Jordana	Aquatic animals, land animals, plants, and other	https://docs.google.com/usp-sharing
5th/Ala	Dehydrated products	https://docs.google.com/usp-sharing
6th/Ala	fruits, berries, nuts, seeds, oils	https://docs.google.com/usp-sharing
7th/Ala	meat, dairy, eggs, fish, seafood	https://drive.google.com/usp-sharing
8th/Ala	products	https://docs.google.com/usp-sharing
9th/Ala	red	https://docs.google.com/usp-sharing

cross

- Product that belongs in fat and oil category
- Food that hasn't been processed
- Food that have undergone mild heat treatment
- Product that comes from animals

Down

- Wine belongs to the foods
- Some people think that this method of food processing is dangerous
- vegetables are also marketed as food

uploaded some quizzes to be solved in national or international

enjoy!!

is a quiz: created by Konstantinos K. and Katerina D. based on the info of your international mixed team about sterilization.



Gıda Ürünleri-GIs

Food products-GIs

Dear students,

In 1992, the European Union first adopted the system for the protection of geographical indications and the designations of origin for agricultural products and foodstuffs and the rules on the characteristics of specific character for agricultural products and foodstuffs.

Today, we have the following categories that represent geographical indications (GIs) of European food production and are both the result of a long history of human and environmental factors in a certain geographical area.

Kahoots

Dear students,
Please join and play the following Kahoot based in the shared knowledge of PDO PGI, GI products



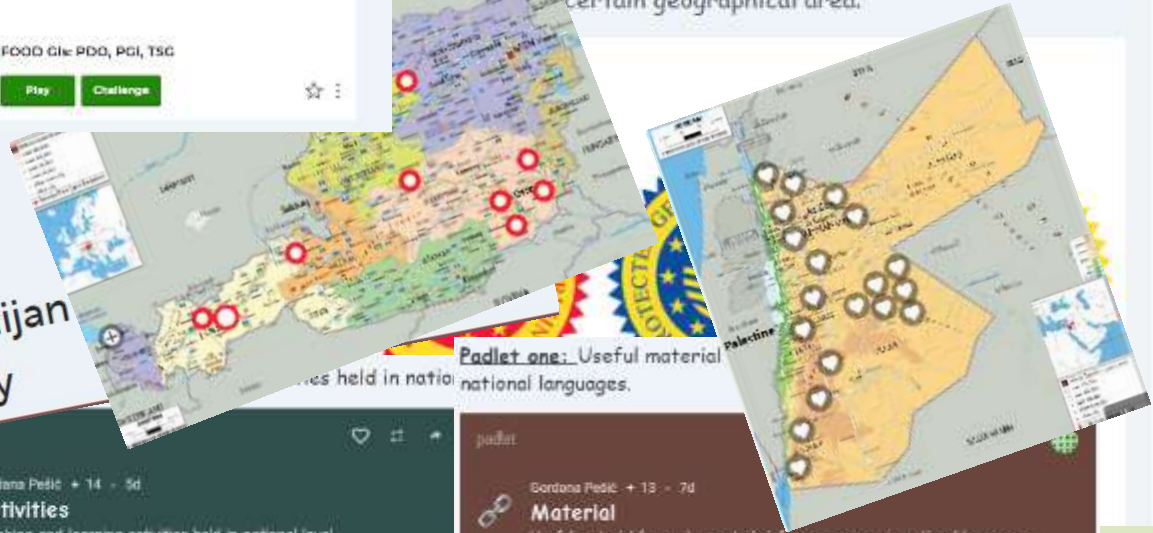
FOOD GI: PDO, PGI, TSG

Play

Challenge

Padlet Three: International Mixed Teams
Be careful! Each team uploc
That's mean :

- Greece - Serbia
- Austria - Italy
- France - Tunisia
- Jordan - Azerbaijan
- Moldova - Turkey



Create WebQuest

Create a WebQuest: Simple. Quick. Free.

- Home
- What is a WebQuest?
- View WebQuests
- About
- Login

Food products-Geographic Indications

Introduction



Jordan GIs

...ots, and
...her it be fried,
...rmed into a
...or flattened
...t a matter of
...all commonly
...belled
...mostly as a
...it.

3rd team - Tunisian GIs

COUSCOUS
Luxur of couscous
Or couscous (with the usual tongue pronounced couscous, asax, or couscous in Morocco, Algeria, eastern Libya, or couscous in Algeria, Tunisia, western Libya, Egypt, and Mauritania) is an old Arabic meal mentioned by Ibn Duraid in the third century AH in his book The Language of the People under the same name.

4th team - Serbian GIs

Oblačinka
The Oblačinka from type of sour cherry southern Serbia and the...

Gordana Petić + 14 - 5d Activities

Teaching and learning activities held in national level!

Greek Team

Step2 of webquest

Presenting PDO Greek cheese



Austrian Team

Why do these need protection

Why do these need protection, Egge

Gordana Petić + 13 - 7d Material

Useful material for each country's info or resources in national languages.

Austrian Team

Austrian Team

Greek Team

Greek Team

It's not in Greek but neither in English... It's in French! I'm so sorry! It worths a view.

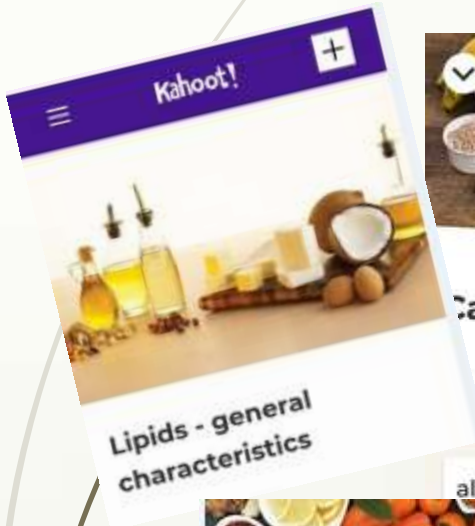
Serbia

PGI

https://w... search...



SAĞLIKLI BESLENME



Kahoot!

Lipids - general characteristics



Carbohydrates

2 16



Vitamins

By clicking on the following link <https://madmagz.com/collab-cr/10wiu-3a2g22q-xj3j> you will become chief editors. You can use as much pages you want but don't forget to add in the bottom of the page the title of the e-magazine : "FOOD TECHNOLOGY" as it's in this page:



INFOMAG

This special edition was written especially for students during the tasks of our "Healthy Generations" project. It's the result of our collaboration with teachers and students from Greece, Jordan, Serbia, Austria, Turkey, Tunisia and Azerbaijan.

Food Nutrients

Students are compounds in foods even and health, providing us with energy, blocks for repair and growth and so necessary to regulate chemical processes in our bodies. Carbohydrates, Lipids (fats), Proteins, Vitamins, of

Add here your (national teams)activities



Chem Food Tech School, Belgrade

The role of healthy nutrition in living organisms.

Azerbaijan's team

animated stories with activities

Healthy Nutrition-Nutrients

Dear students,

We are going to work again by using webquest. For this to happen click on the following photo.



those who combine healthy eating with a sustainable diet- one that reduces environmental waste resources for future generations, while being adequate in nutrients, safe and

you develop the knowledge to make good decisions about food. The goal of this activity is not to give you as much information about the topic so you can make out what you eat and how much you eat.

are collecting all the information needed you will edit cooperatively the following e-magazine.



FOOD TECHNOLOGY

SPECIAL EDITION: NUTRIENTS

DEC 2019

INS' FATS

Dear students, please join and play the quizz about water on Kahoot;

<https://create.kahoot.it/details/b7ea160d-58ce-4501-aa7a-92703efb14e6>

İnsan Vücutu



Body Needs

Welcome to Body Needs. The information in this feature is divided into three main sections: parts of the body, nutrients, and foods.

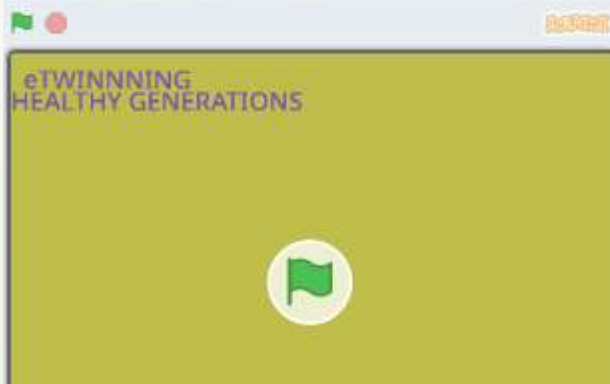
Roll over any of the 42 categories within these sections to learn more about it and to see how it relates to other categories.



- Calcium
- Carbohydrates
- Energy
- Fiber
- Folate
- Iodine
- Iron
- Lipids
- Magnesium
- Potassium
- Protein
- Riboflavin



Hello dear peers,
Could you give a try to a game that I have created using scratch? :)
Poiv
<https://scratch.mit.edu/projects/375495955>



Why do we eat? How do our bodies use the foods we eat? What organ or system in your body may not be getting enough of what it needs?

The Human Body

Introduction

The human body is amazing. It can move, grow, detect what's going on around us and even mend itself (usually). It gets what it needs from the food we eat and gets rid of what it can't use. What's more, it can reproduce.

This interactive lets you take a peek at some of the systems within the human body.

The images you will see are produced by some of the most advanced technology in the world made by Siemens which enables us to see and understand how the body works.

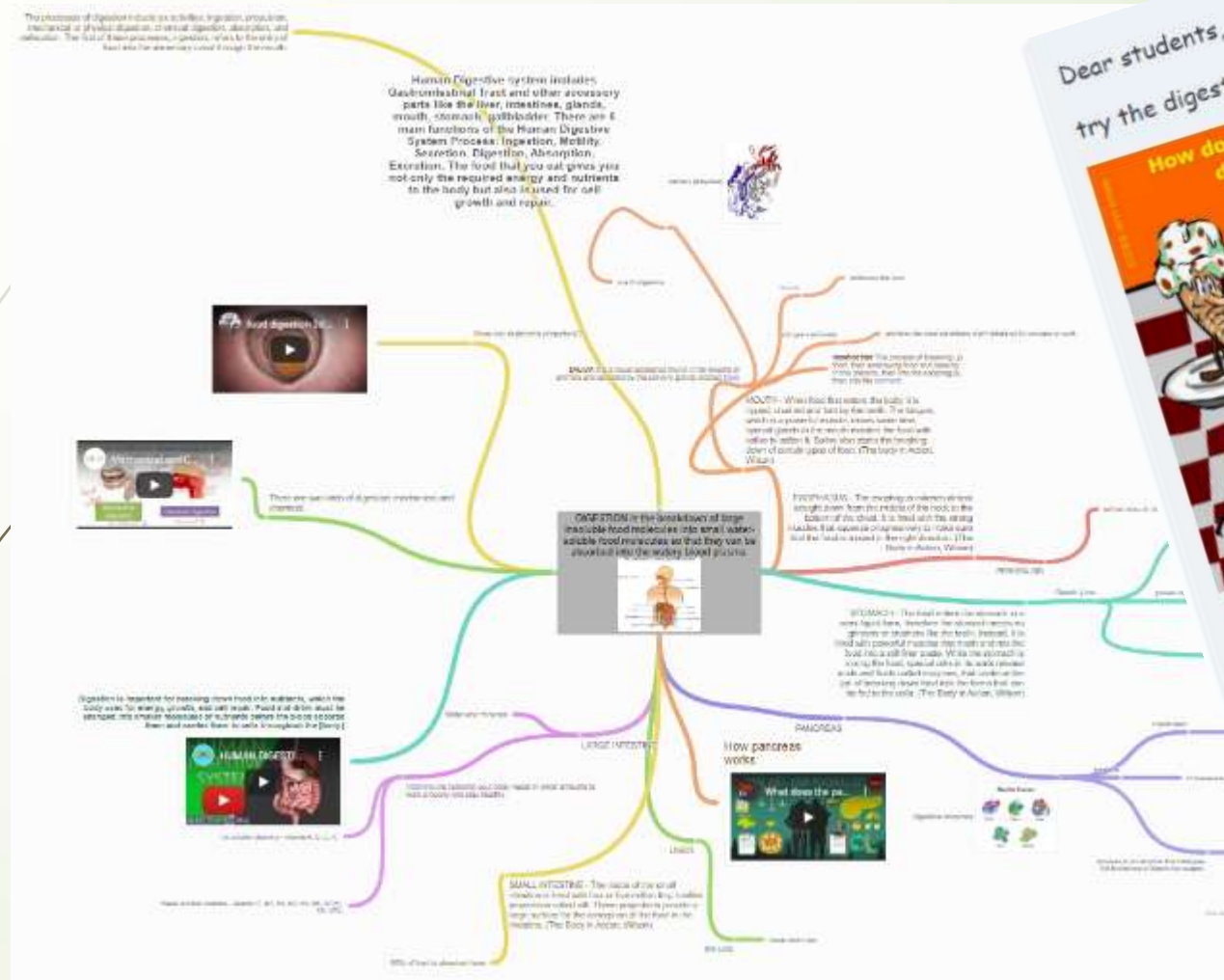
- Circulation
- Respiration
- Excretion
- Reproduction



scroll down for more



Sindirim Sistemimiz



Dear students,
try the digestion stimulation

How does your body digest different foods?

in the SOURCE: <http://kitses.com/animation/digestion.html>

so to be able to understand the digestive system and to associate the treatments that the food undergoes during digestion with the different parts of the digestive tract (oral, esophagus, stomach, small intestine, rectum). You will also understand how each food group provides us with a unique set of nutrients.

Then, we'll cooperate all together so thus to create the following mindmap diagram by using Coggle.

https://coggle.it/diagram/Xj5y85iXnnEU_b_U/t/digestion-is-the-breakdown-of-illustration-afa828/34ccfb99059d9b7f0fe274bf97ff32a07fd8be7f62c4c89e20a0e1302f10ebbf

Beslenme ve Sağlık



Nowadays, more than ever we can feel how important is "health". Do you think that nutrition can help us tackling COVID 19?

Dear students,

We are sure that you all know that our nutrition is linked with our health. In our days we are facing both sides of nourishment: over-nourishment and malnourishment. Our aim in this activity is to search for healthy nutrition patterns and healthy food systems to solve these problems because both of them affect our health and the health of our environment.

So we invite you to work in mixed international teams and search how food is linked with our health and the health of our environment. Your mentor teachers will support you connecting our nutrition (food choices) to SDGs.

You are the next generation! You must to be prepared don't repeat our mistakes! Our planet will be in your hands....You have to understand why food sustainability is the key to reach sustainable development goals and tackle climate change...so let's start working!!!

Dear students,

Your peers from Jordan have written a story about the importance of sports. Please read and then act this in any way you prefer :-)

Sport and health

The Jordanians team has started a story...Could you please continue it? You can find it in the materials' page-->files: collaborative story...Enjoy!!

The Greek team invited her partners to continue a dialogue about "How nutrition affects environment and vice versa". You can access the document with this story in materials-->files "How nutrition affects environment and vice versa"

Sağlıklı Yemek Tarifleri

Dear students,

As we are all staying at home, would you like to share with us some healthy recipes that you have cooked at home or maybe some during the time that schools were opened?

You can share your recipes and videos here. Then a student from each country will cooperate with his/her peers so to create a shared presentation of those. You can find the link for the shared presentation in the related final product page.

Healthy generations project :We will do this challenge, to display the best dish, please join the challenge

Add a description

Add idea

Share and

Ideas

Pros and cons

Votes



Sajja is one of the popular dishes in Jordan, and is prepared in the spring during trips and between the spring and the forests where the wonderful spring atmosphere and the company of the family, the dish consists mainly of meat, colored peppers and onions and is prepared on fire or charcoal.

Add argument

292

Vote

<https://docs.google.com/presentation/d/1RQIkCbcZxq9I9WllrpMi7X4JpUuPGi-Zy4WIHQI96Cg/edit?usp=sharing>



<https://www.tricider.com/admin/3HZV4qhKF7J/DlpmLfZmOQF?fbclid=IwAR2iqTHbWQYR5Q-wg-WrqdPmbBMWh8TVQZuaYXqSxuSE4Kg9YEyMx8DTZ58>

Beslenme Bozuklukları

Eating disorders

Dear students,

Our plans for this activity have to change due to COVID19.

For the beginning, we encourage you to watch the following videos.



presentations

Add item



Chrisoula K., Greece
Here is my presentation on anorexia nervosa



Milica M., Serbian Team

Bulimia resurse:
<https://www.vaspsiholog-je-bulimija-i-kako-je-prepoznati/>



Jordanain team work
Malnutrition



Jordanain team work
Eating disorders



Ema S. Serbia
Anorexia

COVID-19

COVID-19

Here are presented our collaborative info, and posters related to COVID 19, that were created during the period of schools' suspension.



<https://www.flipsnack.com/epalnafpaktou/coronavirus.html>

Sağlıklı Yaşam ve Beslenme Düzeni

Healthy practices and habits

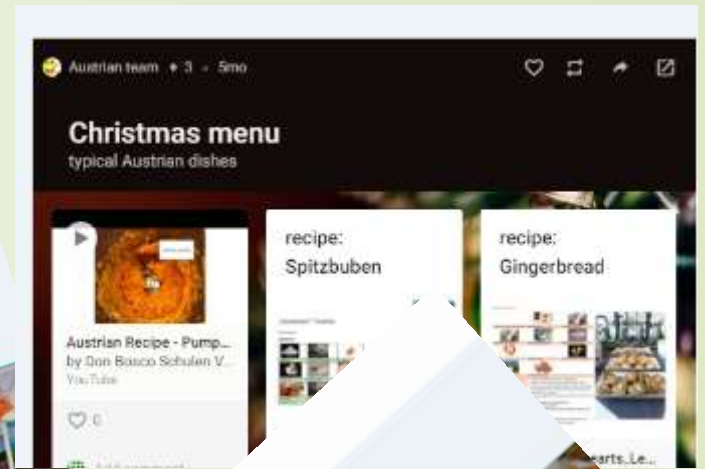
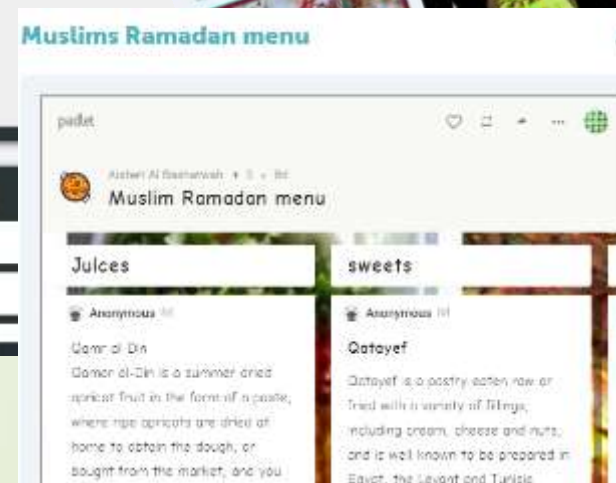
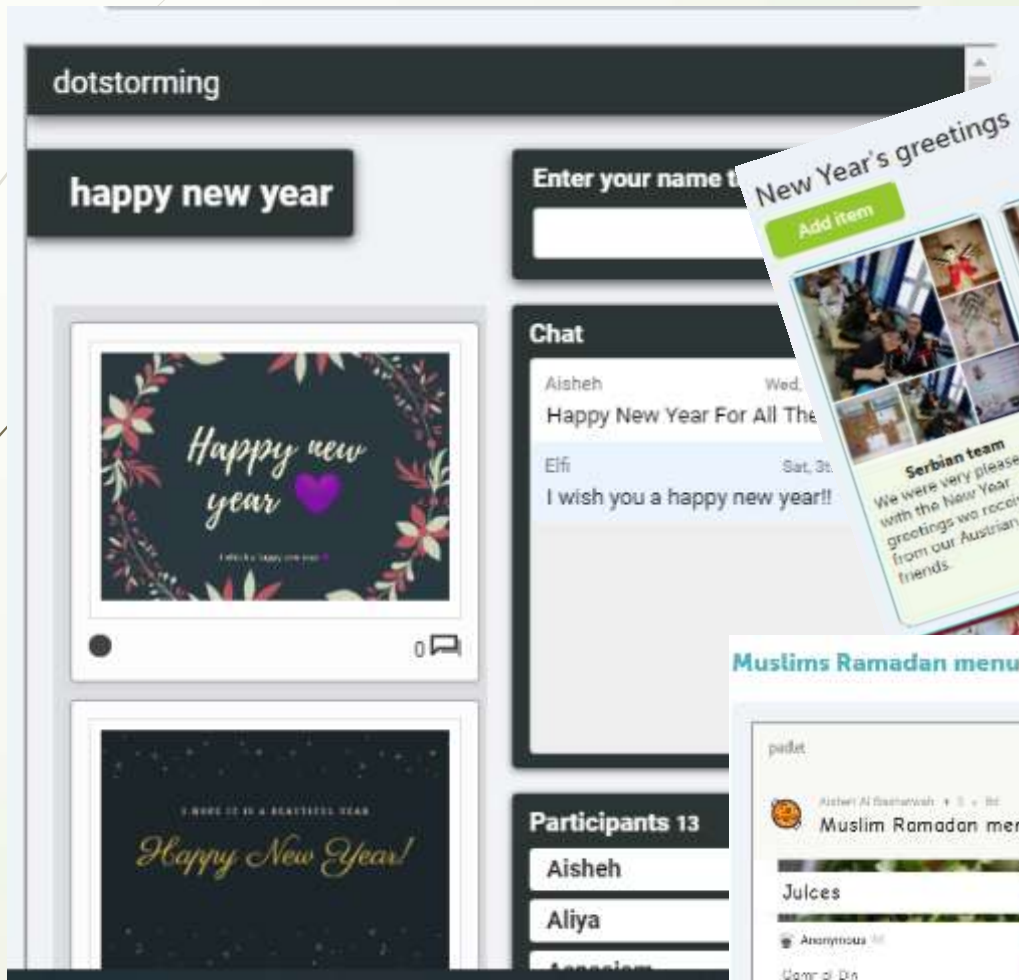
After we have accomplished a lot of activities, learned about the types of food and nutrients, and their benefits for the body, the human body and its systems, and the digestive system, we must translate this knowledge into practicing healthy food, sports and healthy habits, in order to preserve our health. which is the true achievement of this project.

Dear students, put here the project implications on your behaviors. Do not hesitate

Some beneficial activities for health

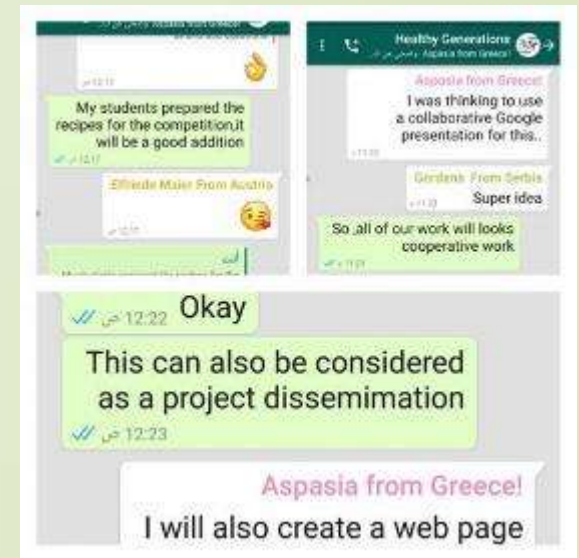
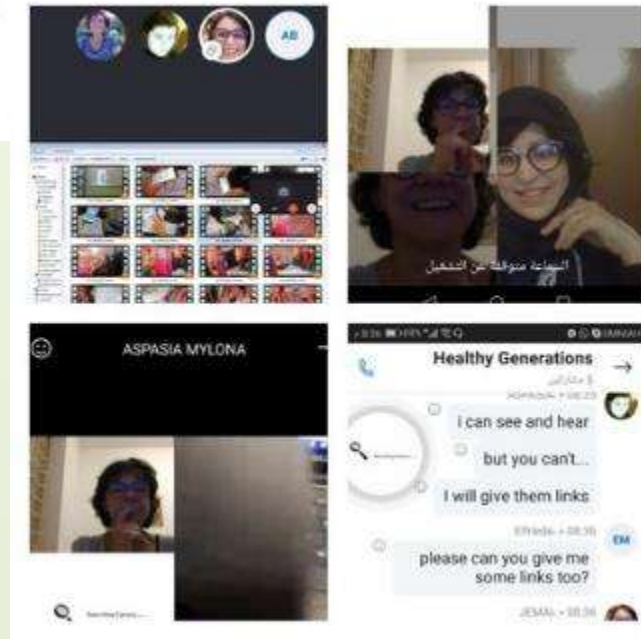
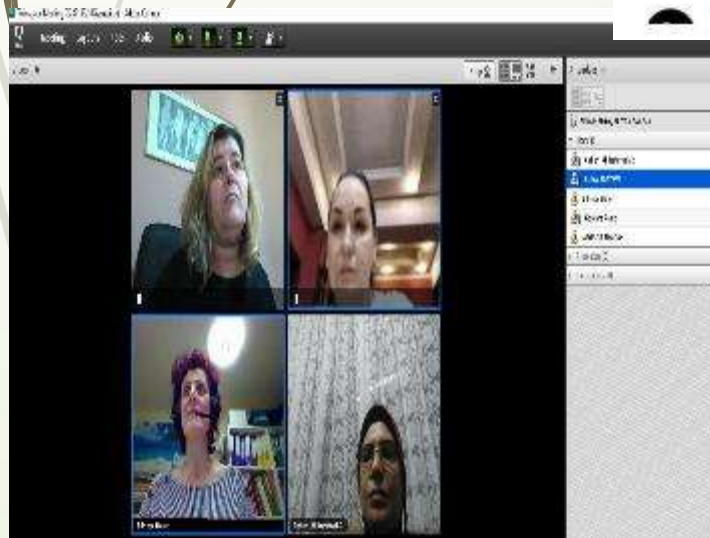
Addition

Değiş Tokuşlar



Proje Toplantıları

Skype and Twinspace, Messenger, WhatsApp, üzerinden gerçekleştirilen toplantılar



Nihai Ürünleri

Online Healthy Generation's exhibition

HEALTHY GENERATIONS
Project

FOOD CATEGORIES



Students of Healthy Generation
eTwinning project

Our collaborative
stories



Healthy generations eTwinning project

FOOD TECHNOLOGY

SPECIAL EDITION: NUTRIENTS

DEC 2019

CARBOHYDRATES. PROTEINS. FATS

WHAT TO CHOOSE & WHY?

VITAMINS

CATEGORIES, SOURCES

WATER: Do I need it?

MINERALS SA TO Z

eTwinning
Healthy Generations project

CORONAVIRUS

Prevention

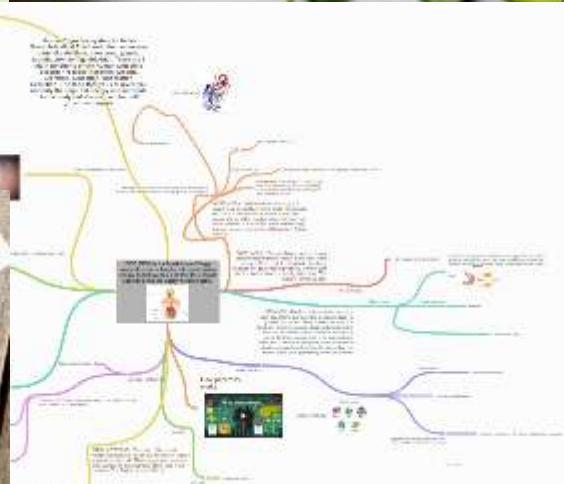
Stay home
Stay healthy

What?
How?

RISKS

HEALTHY RECIPES

prepared while we
STAY HOME



EVALUATION



Carbohydrates

Kahoot!

Dear students, please join and play the following kahoot based in the shared knowledge...

Lipids - general characteristics

Dear students, please join and play the quizz about water on Kahoot;
<https://create.kahoot.it/details/b7ea160d-58ce-4501-aa7a-92703efb14e6>

Body

Human body is amazing. It can move, grow, detect what's going on around us and even mend itself (usually). It gets what it needs from the food we eat and get rid of what it can't use. What's more...

Download for more

This is how your work will be evaluated.

Beginning	Developing	Qualified
1	2	3
There is no teamwork. Each person is doing all the work and the team is not working together.	The team is working individually on their own role, and using limited talked with others in a group.	Team is working together using their own role.
Don't use sources given & information is not factual. Student lacked knowledge.	Don't use sources given & information is not factual. Student lacked knowledge.	Use sources given. Student understood information created their own.
No creativity to their work.	No creativity to their work.	No creativity to their work.

Multimedia Project : e-book

CATEGORY	4	3	2	1
Organization	Content is well organized using headings or bulleted lists to group related material.	Uses headings or bulleted lists to organize, but the overall organization of topics appears flawed.	Content is logically organized for the most part.	There was no clear or logical organizational structure, just lots of facts.
Workload	The workload is divided and shared equally by all team members.	The workload is divided and shared fairly by all team members, though workloads may vary from person to person.	The workload was divided, but one person in the group is viewed as not doing his/her fair share of the work.	The workload was not divided OR several people in the group are viewed as not doing their fair share of the work.
Content	Covers topic in-depth with details.	Includes essential knowledge about the topic. Subject matter appears accurate.	Includes essential information about the topic but there are 1-2 factual errors.	Content is minimal OR there are several factual errors.
Originality	Uses original ideas and information.	Uses other people's ideas, but does not give credit.	Uses other people's ideas, but does not give credit.	Uses other people's ideas, but does not give credit.
Sources	Use sources given. Student understood information created their own.	Use sources given. Student understood information created their own.	Use sources given. Student understood information created their own.	Use sources given. Student understood information created their own.

<https://learningapps.org/view8934965>

uploaded some quizzes to be solved in national or international enjoy!!

my Konstantinos K. and Katerina D. based on the info team about sterilization.



Vitamins

Evaluation by students

Project Evaluation by students

* Anastasiya

Project Evaluation by teachers

* Anastasiya

Υαυγίνλαστίρμα

Healthy Generations
Khalilaj Um al-Mu'minin Secondary School, Jordan

Project Description
In this project, the students will learn about food and healthy habits to maintain human health. They will identify the human body and its components and identify the food groups and characteristics of healthy diet. And finally, they will identify the food groups and characteristics of healthy diet. And finally, they will identify the food groups and characteristics of healthy diet.

Presenting food categories by using code

Hosted by: **Αναστασία Μπαλασιού**

About this event
During the course of this project, the students will learn about human health and identify the human body and its components. They will also identify the food groups and characteristics of healthy diet. And finally, they will identify the food groups and characteristics of healthy diet.

EVENT DETAILS

TYPE	ONLINE
DATE	2024-07-10 14:00:00
LOCATION	Ευρωπαϊκό Παιδαγωγικό Πανεπιστήμιο της Βουλγαρίας

Τεχνικός Τεχνολογίας Τροφίμων και Ποτών
Μαγειρεύοντας το ΕΠΙΧΕΙΡΗΜΑΤΙΣΤΟ

eTwinning

Erasmus+

Επιλογή ΕΠΑΛ... τομέας Γεωπονίας, ειδικότητα Τεχνικού Τεχνολογίας Τροφίμων

Healthy Generations

Στο πρόγραμμα αυτό μέλλο από την συνεργασία μας με σχολεία της Ιορδανίας, της Γαλλίας, της Αυστρίας, της Σερβίας, της Τσεχίας, της Τυνησίας, της Μολδαβίας και της...

Our Facebook Page

Our colleague, Gordana, has already created a page on facebook. I'm an thankful to her. Please log in to <https://www.facebook.com/healthygenerations/> and follow.

Хемија, алхемија или магија за љубитеље хемије

HEALTHY GENERATIONS
PROJEKT U OŠK, AJ, BEOGRAD

○ пројект

In this project, students will learn about food and healthy habits to maintain human health.

ХЕМИЈСКО-ПРЕХРА ТЕХНОЛОШКА ШКОЛА

НОВИ ПРОЈЕКАТ-HEALTHY GENERATIONS

○ пројект

In this project, students will learn about food and healthy habits to maintain human health. It is by first identifying the human body and its components and identify the food groups and characteristics of healthy diet. And finally, they will identify the food groups and characteristics of healthy diet. And finally, they will identify the food groups and characteristics of healthy diet.

ЦИЉЕВИ
A healthy human body is the result of a healthy diet. The diet should be rich in...

Öğrenci ve
öğretmenlerle
gerçekleştirile
n aktiviteler



Selin Ak Tezgören

Proje öğretmeni olarak kendi öğrencilerimin yanısıra proje sayesinde değişik ülkelerdeki öğrenciler ve öğretmenlerle çalışmalar gerçekleştirme fırsatı yakaladığım için çok memnunum. Yeni kültürler ve bilgiler öğrenmenin yanısıra geleceğimiz için çok önemli olan sağlıklı yaşam hakkında da pek çok şey öğrendim. Tüm proje ortaklarım projeye büyük katkılar sağladılar. Yunan okulu ile Erasmus projesi geliştirdim. Bir çok web araçları kullanarak bilişim ve teknoloji bilgimi geliştirdim.

Proje sayesinde branşım olan İngilizce öğretiminde CLIL yöntemini müfredatımdaki kazanımları etkin bir şekilde gerçekleştirme fırsatı yakaladım.

Covid 19 kısıtlamaları sürecinde uzaktan çalışmalarımızı sürdürdük.

Tüm öğrencilerime ve Öğretmen arkadaşlarıma teşekkür ederim.



İlk önce proje takımlarımızı oluşturduk.



Team	Student name	Country	Mentor teacher	
8th team	Stephanie Kopp	A	Selin Ak Tezgören	
	Leonie Seibringer	A		
	Katarina Birmančević	SRB		Turkey
	Tasos Papadimas	Gr		
	Maria Chortogianni	Gr		
	Tsounis Kostas	Gr		
	Mert ERGÜN	TR		
	Hanady Jaradat	Jordan		
	Jovana Tomić	SRB		
	Zakaria trabelsi	Tunisia		

Proje çalışma ve gruplarımızı öğrencilerimiz kendileri belirledi

Proje logosu tasarladık
Kuzey Okur-Mücahit Çekiç



El broşürü hazırlayarak projemizi ve çalışmalarımızı tanıttık

Mert Ergün-Dilara Us

AIMS

- 1- to explore many aspects around "food" so to understand its relation with their growth and health.
- 2- To be encouraged to make more conscious food choices.
- 3- To raise awareness about healthy eating and improve their habits.
- 4- To improve their English language and ICTS skills

Work PROCESS

Activity 1 - "Let us introduce each other and showcase our schools and countries." The Padlet offers every student the same / own presents and his own (web pages, games, social sites, applications, etc.)

Activity 2 - "I and my body." Students will express parts of the human body and its components in different ways. Stories, songs, drawings ... Students will share their stories with their partners and in each country there will be an exhibition of 3 caricatures from each country. Students will decide which means to choose.

Activity 3 - "My Food Groups" The students will be organized in a multi-national team and a small number of sites will be devoted to research on the food issue (one team will look at food for construction, another team will search for energy food, one will look for a group of food for prevention, another team will discuss the importance of water and mineral salts.) After that, the teams will be asked to evaluate peer work and use the Tricider tool to vote

Fermented Food
by Aspasia Mylona and her students

Chemical Experiments
by Gordana Pesic and her students

Cooking Vegan Dishes
by Elfriede Maier and her students

EXPECTED RESULTS

E-magazine with articles on various issues related to project theme, posters, infographics, caricature stories, etc, E-book with healthy meal plans and recipes for healthy snacks. Doing these, students will demonstrate their awareness of the subject and will improve their health habits, increase physical activity, improve their English language and ICT. The results will be evaluated and students will be rewarded. The results of the project will be posted on the Facebook page of the school and on the school's web page and in various other contexts (teacher meetings, parent meetings, and student meetings).

Working on the Project Selin Ak Tezgören and her students

Follow Us
<https://live.etwinning.net/projects/project/198073>
<https://www.facebook.com/healthygenerations/>

How we can get healthy generations? Please share your opinion in this link: <https://ansuergarden.ch/1032923>

ABOUT THE PROJECT

In this project, students will learn about food and healthy habits to maintain human health. This is by first identifying the human body and its components and digestion process, and then identify the food groups and characteristics of each group. And to identify the diseases caused by the lack or increase of some nutrients, in addition to the importance of daily exercise.

Healthy Generations

Güvenli internet kullanımı için broşür hazırlayarak okul öğrencilerimiz ile paylaştık



SELİN ERGÜL- AHMET FARUK UZUN

Proje etkinliklerine Türk takımı ve karma takım olarak katılım sağladık. Tüm çalışmalarımızı twinspace de görebilirsiniz



GİZEM MANDIRALI-SELİNAY SARI

16 Mart itibari ile Covid 19 kısıtlamaları döneminde çalışmalara evden devam ettik



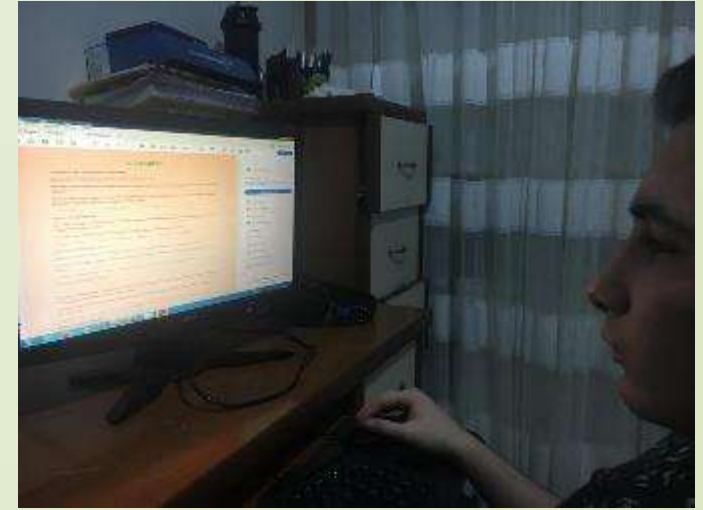
MÜCAHİT



ESMA



MERT





AHMET FARUK

Covid 19 planlarımızı biraz bozdu fakat...



MERT ERGÜN





Fakat asla pes etmedik
Pandemi kısıtlamaları süresince
çalışmalarımıza devam ettik. Duygu ve
düşüncelerimizi paylaştık
Harika bir proje ekibimiz vardı.
Tekrar hepsine çalışmalara olan
katkılarından ötürü teşekkür ediyorum

proje sonuçları

Planladığımız tüm çalışmalarını gerçekleştirdik.
Proje çalışmalarını esnasında yeni fikirler ortaya çıktı. Bunları projemize ekledik. Günden güne projemiz gelişti.
Hedeflerimize pandemi engeline rağmen gerçekleştirdik.
Proje ekibi büyük gayret göstererek projemizin planlandığı gibi gerçekleşmesini sağladı

Öğretmenler

- Sağlıklı yaşam, beslenme ve gıdalar hakkında bilgilendiler
- Web araçları olan padlet, tricider, webquest gibi uygulamaları öğrendiler
- Yabancı uyruklu meslektaşları tanıştılar
- Yeni proje fikirleri edindiler
- Erasmus plus projesi için ortak buldular
- Arkadaşlık ilişkileri kurdular ve yeni projelerde çalışma kararı aldılar

Öğrenciler

- Sağlıklı yaşam, beslenme ve gıdalar hakkında bilgilendiler
- Yabancı ülke öğrencileri ile bir araya geldiler ve İngilizce bilgi ve becerilerini geliştirdiler
- web araçlarını kullanmayı öğrendiler
- Harika çalışmalar yaptılar
- Kendilerine olan güvenleri arttı